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**SUMMARY OF THE PRESENT INVENTION**

The present invention, in at least certain aspects and embodiments, discloses methods for engaging in an activity, the activity to be engaged in by a plurality of players, each player provided with at least one disc with identifying indicia, the methods in certain aspects including:  
10 each player throwing at least one disc at a target, each disc having identifying indicia for identifying the player throwing said flying disc; scoring for each player based on a final resting location of said at least one disc; the at least one disc having an aerodynamic flying disc and having a disc body with an annular rim with a downturned lip and having an airfoil profile that

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### **Description Of The Drawings**

20 A more particular description of embodiments of the invention briefly summarized above may be had by references to the embodiments which are shown in the drawings which form a part of this specification. These drawings illustrate certain preferred embodiments and are not to be used to improperly limit the scope of the invention which may have other equally effective or legally equivalent embodiments.

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Fig. 1A is a side view of a flying disc according to the present invention.

Fig. 1B is a top view and Fig. 1C is a bottom view of the disc Fig. 1A.

Fig. 1D is a crosssection view of the disc of Fig. 1A.

Fig. 2A is a side view of a flying disc according to the present invention.

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Fig. 2B - 2E are bottom view of discs as in Fig. 2A.

Fig. 3A is a side cross-section view of a flying disc according to the present invention.

Fig. 3B is an exploded view of the disc of Fig. 3A.

Fig. 3C is a top view, and Fig. 3D is a bottom view of the disc of Fig. 3A.

5 Fig. 4 is a top view of a plurality of flying discs according to the present invention.

Fig. 5A is a perspective view of a target according to the present invention.

Fig. 5B is a side view of the target of Fig. 5A.

Fig. 6A is a top view of a box for making a target according to the present invention.

Fig. 6B is a side view of the target of Fig. 6A.

10 Fig. 7A is a top view of a pattern for a box part for making throwing objects according to the present invention.

Fig. 7B is a top view of a plurality of throwing objects made with the pattern of Fig. 7A.

Fig. 8 is a schematic view of an arrangement for engaging in activity according to the present invention.

15 Fig. 9 is a top view of discs according to the present invention.

Fig. 10 is a top view of discs according to the present invention.

Fig. 11 is a front view of targets according to the present invention.

Fig. 12 is a front view of targets according to the present invention.

Fig. 13A is a side view of a flying disc according to the present invention.

20 Fig. 13B is a crosssection view of the disc of Fig. 13A.

Fig. 13C is a side view of part of the disc of Fig. 13A.

Fig. 13D is a crosssection view of the part of the disc of Fig. 13C.

Fig. 14 is a perspective view of a disc according to the present invention.

Fig. 15 is a side view of a disc according to the present invention.

25 Fig. 16A is a crosssection view of a disc according to the present invention.

Fig. 16B is a top view of the disc of Fig. 16A.

Fig. 16C is a side crosssection view of part of the disc of Fig. 16A.

Fig. 16D is a crosssection view of a weight for a disc like the disc of Fig. 16A.

Fig. 17 is a schematic view of an arrangement for engaging in activity according to the

present invention.

Fig. 18 is a schematic view of an arrangement for engaging in activity according to the present invention.

5 Fig. 19 is a plan view of a set of aerodynamic discs for use in activities according to the present invention.

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